HEART VALVE DISEASE

Know Your VALVES

Most heart valve problems involve the aortic & mitral valves.

AORTIC VALVE between the left ventricle and the main artery (aorta)

MITRAL VALVE between the left atrium and the left ventricle

Most Common VALVE ISSUES

NORMAL
open closed
The valve fully opens & closes.

Mitral REGURGITATION
open closed
The valve doesn’t fully close & leaks.

Aortic STENOSIS
open closed
The valve doesn’t open enough.

What YOU CAN DO

MEDICAL & SURGICAL THERAPIES
The valve may be repaired or replaced

LIFESTYLE CHANGES
to support overall heart health.

For more information, visit CardioSmart.org/HeartValveDisease

信息服务只是为了教育目的。请咨询您的医疗提供者以获得您特定健康需求的指导。

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