



## COPING WITH POSTPONED PROCEDURES

Many non-urgent tests and procedures have been put on hold because of COVID-19. If you live with a heart condition, a delay may cause you to worry.

### WHY THE DELAY?

A BALANCING ACT



To manage your health care needs and  
To protect you and your care team

- Respond to the COVID-19 pandemic
- Conserve medical supplies
- Prioritize care for those dealing with emergencies such as heart attack and stroke

As the number of COVID-19 cases drops, hospitals and clinics will reopen gradually with measures in place to protect your safety

### WHAT YOU CAN DO WHILE YOU WAIT

#### TALK TO YOUR HEALTH CARE PROFESSIONAL IF YOU

- Have **concerns** about waiting to have your procedure
- Notice any **new symptoms** that your heart condition may be **getting worse**—especially if you've had a procedure delayed

#### DON'T FORGET

Take your medications

Keep up with heart-healthy habits

Call 911 in case of emergency

For more information about COVID-19 and your heart, visit [CardioSmart.org/Coronavirus](https://www.cardiosmart.org/Coronavirus)

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