



# KNOW YOUR PATIENTS' FRAILTY

## HOW TO MEASURE FRAILTY IN YOUR PATIENTS

Use the **Canadian Study of Health and Aging Clinical Frailty Scale** to assess the patient's current condition.

The **nine-point Clinical Frailty Scale** can help determine if a patient is at risk for poor outcomes and can guide communication between clinicians and patients.

**Scoring Frailty in People With Dementia**  
The degree of frailty corresponds to the degree of dementia.



Common symptoms in **mild dementia** include forgetting the details of a recent event, though still remembering the event itself, repeating the same question/story and social withdrawal.



In **moderate dementia**, recent memory is very impaired, even though they seemingly can remember their past life events well.



In **severe dementia**, they cannot do personal care without help.

