

## The Challenge for FITs

Use a CardioSmart tool with 5 patients and submit an essay about your experience to your Program Director. If your narrative effectively shows **Shared Decision-Making** in action, you could be 1 of 3 winners.

## The Reward

CardioSmart/Patient Voice Team will select Top 3 essays as winners. These fellows will:

- Be featured in *Cardiology* magazine
- Receive free registration at ACC.23 annual meeting in New Orleans
- Have an opportunity to present at the Program Directors and Graduate Medical Educators Symposium at ACC.23

## The Timeline

- **Aug. 29:** Challenge launches
- **Nov. 30:** Deadline for fellows to submit writeups to their PDs
- **Nov. 30-Dec. 16:** PDs review submissions
- **Dec. 19:** Deadline for PDs to submit one writeup to CardioSmart for final round of judging
- **Dec. 20-Jan. 13:** CardioSmart team reviews submissions and selects three winners
- **Jan. 16:** Top 3 fellows notified

## Detailed Instructions

**1. Fellows** choose from three CardioSmart tools to use with five patients ([CardioSmart.org/Challenge](https://cardiosmart.org/Challenge)):

1. [AFib and High Risk for Stroke \(Decision Aid\)](#)
2. [Drug Options for Patients with Heart Failure \(Decision Aid\)](#)
3. [Aspirin and Heart Disease \(Infographic Poster\)](#)

**2. Fellows** submit a narrative to their Program Director (750 words or less) via MS Word demonstrating that they engaged in a shared decision-making conversation using the tool with their patients. Narratives should include the following:

- Basic information including:
  - Gender/age/ethnicity/condition of patients
  - Geographic area of clinician and patient
  - Decision aid or infographic used with patient
  - Setting (virtual vs. in-office)
- Did this tool help to facilitate your decision-making conversation with your patients?
- How long did this process take/how long did you spend with each patient?
- What went well during this process?
- What challenges did you face?
- What would you improve/what would make this process easier (for clinician and patient)?
- What decision was made? If not, why not?

**3. Program Directors** will use a four-part grading rubric (see below) to select one fellow's narrative to move on for final judging by the CardioSmart/Patient Voice Team:

1. Demonstrates an understanding of the 5 steps of shared decision-making
2. Explains how shared decision-making enriched the clinician-patient relationship
3. Addresses social determinants of health and their impact on patient decision making
4. Expresses how the challenge intersects with at least one of the ACGME Competencies:
  - Patient care and procedural skills
  - Medical knowledge
  - Practice-based learning and improvement
  - Interpersonal and communication skills
  - Professionalism
  - Systems-based practice

**4. Program Directors** select the narrative from their program with the highest score and then email their pick to Arielle Fingerman at [afingerman@acc.org](mailto:afingerman@acc.org) with "Shared Decision-Making Challenge" in the subject line.

**5. CardioSmart/Patient Voice Team** will review all submissions and select the top three winners.

To download the decision aids and handouts, go to [CardioSmart.org/Challenge](https://cardiosmart.org/Challenge). Let us know you're participating by using [#CardioSmart](#), [#SharedDecisionMaking](#), or [#CardioSmartChallenge](#) on Twitter.