



# MY HEART FAILURE MEDICATION LIST

Keep an updated copy of this list in your purse or wallet.

Not taking medications as prescribed is the #1 reason people with heart failure go to the hospital. Let your health care team know if you have questions or concerns.

Drug Type	Medication Name	Reason For Taking	Start Date	Starting Dose (amount)	Target Dose (amount)	How Often (for example 1/ day, 2/ day)	Time of day to take it and how to take (w/ or w/o food)	What to do if I miss a dose	Side effects to call my clinician
Example: ACE inhibitor	Lisinopril	Heart Failure and High Blood Pressure		10 mg		1	morning		
Diuretic									
Aldosterone Receptor Antagonist									
ACE Inhibitor — OR — ARB — OR — ARNI									
Beta Blocker									
SGLT2 inhibitor									
Sinoatrial node inhibitor									
Isosorbide/ hydralazine									
Digoxin									
Other									