SHARED DECISION-MAKING



PARTNERS IN CARE

DECISION AIDS are tools to help you make INFORMED

DECISIONS with your care team that are RIGHT FOR YOU

Questions to Ask



ASK CLINICIAN

- What is my condition?
- ✓ How will it affect me?
- What are the benefits and risks of each treatment?
- What does scientific evidence tell us?

THINK ABOUT

- What's important to me?
- ☑ What's the right treatment for me?
- ☑ What do I need?
- ☑ What do I prefer?

Use SHARED
DECISION-MAKING
TOOLS to talk with
your clinician about
YOUR CARE OPTIONS
& CONCERNS.
The tools help
you to:



Define clearer goals for treatment



DECISION AIDS are
HELPFUL when there is
more than one treatment,
there are big trade-offs
or the PATH FORWARD
IS UNCLEAR



Increase your knowledge & satisfaction with care



Align health decisions with your values

Information provided for educational purposes only. Please consult your health care provider about your specific health needs.

> Find the Shared Decision-Making tool that's right for you at CardioSmart.org/Decisions



