



COPING WITH POSTPONED PROCEDURES

Many non-urgent tests and procedures have been put on hold because of COVID-19. If you live with a heart condition, a delay may cause you to worry.

WHY THE DELAY?

A BALANCING ACT



To manage your health care needs and
To protect you and your care team

- Respond to the COVID-19 pandemic
- Conserve medical supplies
- Prioritize care for those dealing with emergencies such as heart attack and stroke

As the number of COVID-19 cases drops, hospitals and clinics will reopen gradually with measures in place to protect your safety

WHAT YOU CAN DO WHILE YOU WAIT

TALK TO YOUR HEALTH CARE PROFESSIONAL IF YOU

- Have concerns about waiting to have your procedure
- Notice any new symptoms that your heart condition may be getting worse—especially if you've had a procedure delayed

DON'T FORGET

Take your medications

Keep up with heart-healthy habits

Call 911 in case of emergency

For more information about COVID-19 and your heart, visit [CardioSmart.org/Coronavirus](https://www.cardiosmart.org/Coronavirus)

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