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TOP NEWS STORY

For Some, LDL Check Does Not Predict Heart's Future

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FOR SOME, LDL CHECK DOES NOT PREDICT HEART'S FUTURE

That more people survive a first heart attack is not news. But a new study found that while more elderly adults are surviving this event, most of them are developing heart failure.

IN OTHER NEWS



A HEART-FRIENDLY APPROACH TO CONTRACEPTIVE USE

With more hormonal forms of birth control to choose from than ever before — including the pill, the skin patch, and the vaginal ring — and a steady stream of conflicting research about estrogen and heart disease risk, you may wonder how to proceed.



Walk Your Way to Fitness.



CHILDREN BENEFIT FROM HEART RHYTHM FIX

Wolff-Parkinson-White (WPW) syndrome, a relatively rare disorder which affects the heart's electrical system, is felt to be benign unless symptoms are present. However, up to 10% of children with symptomless WPW appear to be at risk for sudden death, a new study has found.



FEATURED VIDEO



Am I At Risk? HDL

HDL — the good cholesterol. HDL particles are not depositing cholesterol in your arteries, but rather are removing it from your system, so the higher your HDL cholesterol the better.