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TOP NEWS STORY



FOR ELDERLY, HEART RECOVERY NOW MAY MEAN TROUBLE LATER

That more people survive a first heart attack is not news. But a new study found that while more elderly adults are surviving this event, most of them are developing heart failure.

ALSO IN THE NEWS



SCREENING THE HEARTS OF ATHLETES: IS THE ITALIAN APPROACH THE WAY TO GO?

Undiagnosed heart disease can be associated with tragic outcomes. Among athletes, sudden death during athletic competition may be the first indication of an underlying heart problem.



HIGH INTENSITY EXERCISE HAS HEART-HEALTHY EFFECT

Here's another reason to follow through on that New Year's resolution to up the intensity of your workout. According to a small study, intense physical activity increases blood flow through the arteries, even after a fatty meal.



CardioSmart Video Network



What is a Stress Echocardiogram?

An echocardiogram is a painless, harmless test that uses high frequency sound waves (ultrasound) to examine the heart's anatomy and function.

People Are Talking About:

Atrial Fibrillation:

My AFIB was eventually treated with 200 joules of electro-cardioconversion....one shock to put me back into Normal Sinus Rhythm (NSR). I have been in NSR for 10 months after being in AFIB for about 4 months.

Join the Discussion!