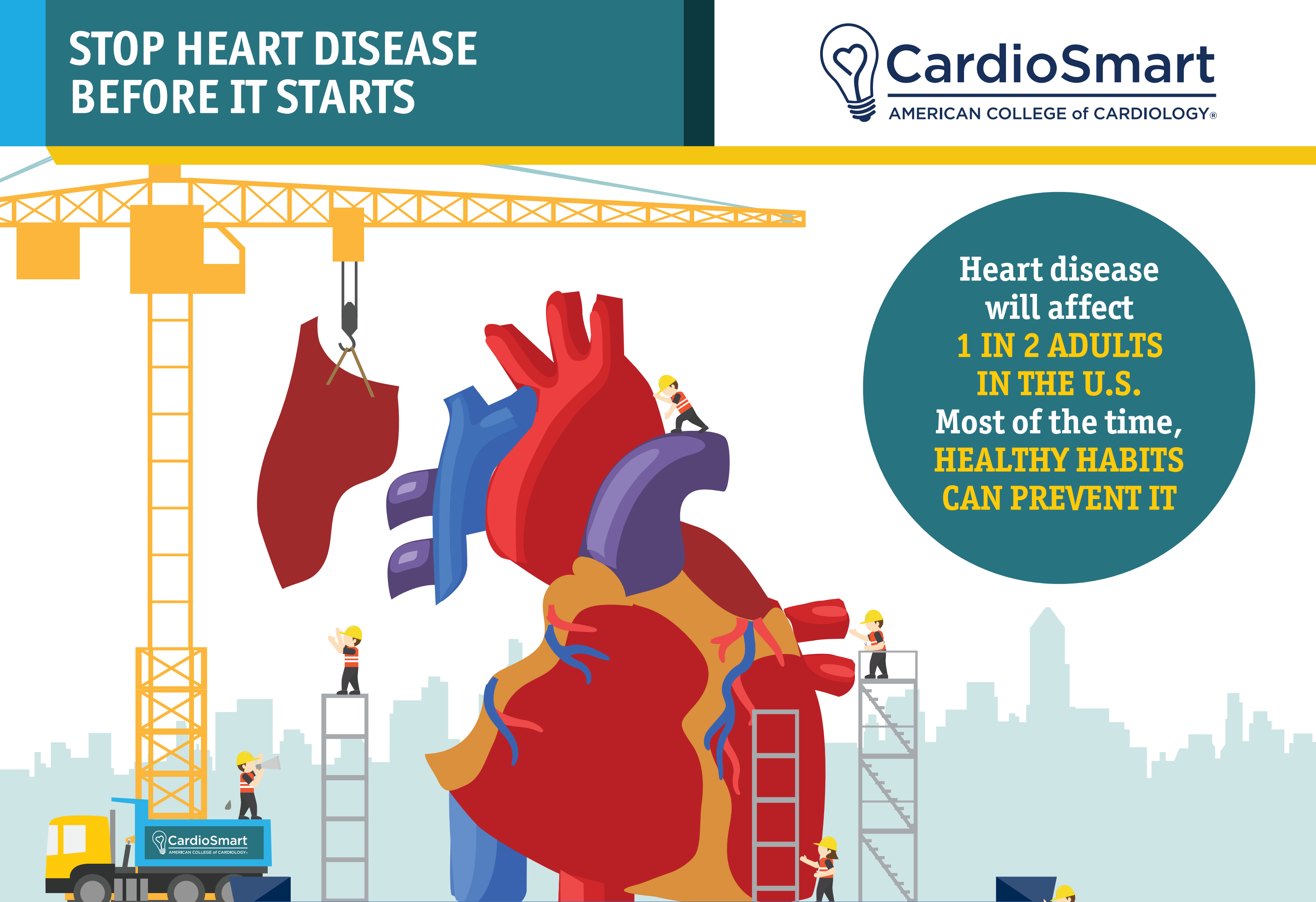


STOP HEART DISEASE BEFORE IT STARTS

Heart disease
will affect
**1 IN 2 ADULTS
IN THE U.S.**
Most of the time,
**HEALTHY HABITS
CAN PREVENT IT**



WHAT YOU CAN DO: BUILDING A STRONG FOUNDATION



Go to ***CardioSmart.org/Prevention***
to learn more about making healthier choices.

@ACCinTouch #CardioSmart